








## TOP RUNNERS – MEN'S RACE


<b>1 – DEGEFA Abebe Negewo (ETHIOPIA)</b>		<b>2:08:46</b>
	<p><b>PB MAR:</b> 2:08:46 (Beijing 2013) - <b>HMAR:</b> 60:40 (Ústí nad Labem 2013)  <b>WON ROME MARATHON IN 2015 (2:12:23)</b>  <b>14th AT HALF MARATHON WCH IN 2009</b>  <b>HIGHLIGHTS</b> 2nd Brescia 2011 and Beijing 2014; 4th Wien 2009, Milan 2010 and Beijing 2013; 7th Xiamen 2010; 10th Seoul 2010  <b>IN ROME</b> In 2015 won in very rainy conditions with a late move  <i>Born in Ambo, in the Central Ethiopia - Lives in Addis Abeba - Has a brother named Urge who runs and has a PB 63:00 in the HM - Started running in 2007 - Italy's Federico Rosa is his manager - In 2008 debuted on the marathon distance in Milan with a time of 2:21:10 - In 2009 took part to the HM WCh and then took a good 4th place in Wien marathon di (2:09:52) - In 2013 ran his PB 2:08:46 in Beijing, where a year later was 2nd in 2:10:54</i></p>	
<p><b>Ambo, Ethiopia</b>  <b>20 May 1984</b></p>		
<b>2 – JUFAR Tariku (ETHIOPIA)</b>		<b>2:06:51</b>
	<p><b>PB MAR:</b> 2:06:51 (Houston 2012) – <b>HMAR:</b> 61:28 (Udine 2007)  <b>WON MARATHONS IN HOUSTON, BEIJING 2012, OTTAWA 2013</b>  <b>Won marathons in Tiberias in 2014 and in Beirut in 2011</b>  <b>HIGHLIGHTS</b> 2nd Mumbai 2008, Los Angeles 2009, Istanbul 2011, Otsu 2013, Toronto 2014; 3rd Istanbul and Mumbai 2007, Hamburg 2008; 4th Mumbai 2011, Seoul 2014; 5th Florence 2010; 7th Los Angeles 2010  <i>Born in Debre Zeyit, the capital of Oromia, 40 km far from Addis Abeba, very famous for its lakes – His parents and family are farmers – Has 9 brothers and sisters – One of them, Legse, runs marathon in 2:15:00 – Married, has 2 daughters (5 and 2 years old) – Coached by Haji Adilo in Addis Abeba – Hussein Makke is his manager – Ran his first marathon in January 2007 in Mumbai (3rd in 2:12:49) – Has run 23 marathons – For 9 times has run below 2:10:00 – Took part in two HM Wch: in 2003 in Vilamoura (17th, 63:23), in 2007 in Udine (PB 61:28, 18th)</i></p>	
<p><b>Debre Zeyit, Ethiopia</b>  <b>18 July 1984</b></p>		
<b>3 – CHEBOIT Silas (KENYA)</b>		<b>2:07:15</b>
	<p><b>PB MAR:</b> 2:07:15 (Gongju 2014) – <b>HMAR:</b> 63:28 (Bayuquan 2014)  <b>WON MARATHON IN GONGJU IN 2014</b>  <b>HIGHLIGHTS</b> 1st Dandong 2014, 2nd Zhengzhou, 8th Gongju 2015  <i>Born in Trans Zoia, about 400 km far from Nairobi, very close to Uganda's border – Has 7 brothers and 2 sisters – Lives in Kitale, the capital city of Trans Zoia – Trains on the Ngong Hills, near Nairobi – Italy's Gianni Demadonna is his manager – Started running in 2008 – In 2013 debuted on the marathon distance in 2:19:14 – Before winning in Gongju with a stunning 2:07:15, his PB was 2:18, so had to pay by himself travel and accomodation – Won 50,000\$ for the win and 10,000\$ for a bonus prize for the time</i></p>	
<p><b>Trans Zoia, Kenya</b>  <b>6 November 1992</b></p>		

<b>4 – TOLOSA Debebe (ETHIOPIA)</b>		<b>2:07:41</b>
	<p><b>PB MAR:</b> 2:07:41 (Houston 2012) - <b>HMAR:</b> 64:07 (Paris 2012)  <b>HIGHLIGHTS</b> 2nd Houston 2012; 3rd Venice 2011, Daegu 2013, Houston 2015; 5th Beijing 2014; 7th Paris and Hengshui 2012, Warsaw 2015; 8th Houston 2013; 9th Milan 2014; 14th Dubai 2011  <i>Born in Sendata, about 30 km far from Addis Abeba – Married, has a 2 years old son – Has 3 brothers and 3 sisters – One of them is Ambesse Tolosa, who won the Paris marathon in 2004 (PB 2:08:56) and took part 4 times at the WCh and once at the OLY Athens 2004 (he was 15th) - Lives in Addis Abeba - Coached by Haji Adilo – Hussein Makke is his manager – Broke the 2:10 for the first time in 2011 in Venice Marathon (3rd, 2:09:57) – Has run 14 marathons – For 5 times has run faster than 2:10</i></p>	
<b>Sendata, Ethiopia</b> <b>7 July 1991</b>		

<b>6 – OMULLO Ezekial Kemboi (KENYA)</b>		<b>2:09:19</b>
	<p><b>PB MAR:</b> 2:09:19 (Warsaw 2015)  <b>WON WARSAW MARATHON IN 2015</b>  <b>Won Kigali Marathon in 2015</b>  <b>HIGHLIGHTS</b> 8th Toronto 2013; 18th Macau 2011  <i>Born in Keiyo, in the Kenya's Rift Valley – Lives and trains in Iten – Gerard van de Veen is his manager – Debuted on the marathon distance in 2011 in Macau (2:23:17) – In 2013 improved by 7 minutes in Toronto (2:16:15) – In 2015 won both the marathons he ran: in Kigali, at high level, with a time of 2:18:15, then in Warsaw</i></p>	
<b>Keiyo, Kenya</b> <b>10 December 1987</b>		


<b>7 – KIPLIMO Robert Kipkemboi (KENYA)</b>		<b>2:09:32</b>
	<p><b>PB MAR:</b> 2:09:32 (Padua 2015)  <b>WON PADUA MARATHON IN 2015 (2:09:32)</b>  <b>Won Changsha marathon in 2015</b>  <b>HIGHLIGHTS</b> 3rd Castellon 2014  <i>Trains in Kapsait in the training camp of Italy's Rosa Associati at 3,000m above the sea level – Federico Rosa is his manager – Debuted on the marathon distance in 2014 (2:22:17), and before the end of the year ran 10 minutes faster with 2:12:03 in Castellon – In 2015 won Padua marathon with a time of 2:09:32 – Ran for a very big part of the race alone and the second crossed the finish line 6 minutes later</i></p>	
<b>Kenya</b> <b>19 June 1988</b>		


<b>9 – MEGERSA Tujuba Beyu (ETHIOPIA)</b>		<b>2:09:54</b>
	<p><b>PB MAR:</b> 2:09:54 (Florence 2015) – <b>HMAR:</b> 59:43 (Vitry-sur-Seine 2011)  <b>WON FLORENCE MARATHON IN 2015 (2:09:54)</b>  <b>IN ROME</b> Debuted on the marathon in Rome in 2013, but was DNF  <i>Has 6 brothers and 2 sisters – Married, lives and trains in Addis Abeba – Coached by Gemedu Dedefo Hailemariam – Is a policeman – Italy's Gianni Demadonna is his manager – In 2009, in one of his first race out of Ethiopia, ran a very fast HM in Ras Al Khaimah (60:16) – In 2010 ran 60:27 in France – In 2011 broke twice the 60:00-wall: 59:58 in Rome, 59:43 in Vitry-sur-Seine – After three DNF on the marathon distance he won in Florence last november below the 2:10</i></p>	
	<p><b>Shino, Ethiopia</b>  <b>15 October 1987</b>  <b>1,71 x 52</b></p>	

<b>10 – ACHAMIE Birhanu Addissie (ETHIOPIA)</b>		<b>2:10:20</b>
	<p><b>PB MAR:</b> 2:10:20 (Rennes 2014) – <b>HMAR:</b> 63:20 (Praha 2013)  <b>Won Tayiuan marathon in 2015 (2:16:14)</b>  <b>HIGHLIGHTS</b> 2nd Rennes 2014 and Rome 2015; 14th Dubai 2015  <b>IN ROME</b> Was 2nd in 2015 in very rainy conditions and closed in 2:12:32  <i>Born in the Amara region – Has 2 sisters and 3 brothers – Debuted on the marathon distance in 2014 when not yet 20 years old and was 2nd in Rennes (2:10:20) – Last year ran three marathons: 14th in Dubai, 2nd in Rome and first in China's Tayiuan – Malcolm Anderson is his manager</i></p>	
	<p><b>Amara, Ethiopia</b>  <b>3 February 1995</b></p>	


<b>12 – LHOUSSAINE Oukhrid (MOROCCO)</b>		<b>2:12:04</b>
	<p><b>PB MAR:</b> 2:12:04 (Florence 2015) – <b>HMAR:</b> 62:41 (Piacenza 2015)  <b>HIGHLIGHTS</b> 3rd Florence 2015; 7th Milan 2015  <i>Lives in Italy – Has run many years on the track: PB 1:49.43 (800), 3:40.49 (1500), 13:41.79 (5000) – In 2015 debuted on the marathon distance in Milan (7th, 2:16:25) – In November in Florence was on the podium with his PB</i></p>	
	<p><b>Morocco</b>  <b>23 June 1984</b></p>	


<b>14 – GUALDI Giovanni (ITALY)</b>		<b>2:13:39</b>
	<p><b>PB MAR:</b> 2:13:39 (Padua 2010) – <b>HMAR:</b> 63:57 (Milan 2010) – 10.000: 28:25.37 (Valmontone 2002)  <b>2016 MAR:</b> 2:20:39 (Treviso 6-3)  <b>ITALY'S MARATHON CHAMPION IN 2011</b>  <b>HIGHLIGHTS</b> 1st Egna 2009; 2nd Padua 2010 and Venice 2014; 3rd Padua and Reggio Emilia 2015; 4th Padua 2013 and Treviso 2016; 8th Turin 2011 and 2013  <i>Married with Alice, they have two daughters: Aurora and Giorgia – Lives in Cerete, near Bergamo – Started running at 9, after leaving soccer – Took his first national team at ECh juniores in Lubljana 1997 (19th) – Had three surgery on the tendons – Debuted on the marathon distance in 2009 in Egna and closed alone in 2:16:23– Used to be coached by Andrea Bartoli and former marathon runner Migidio Bourifa – Now self-coached – In 2011 took the Italy's honour in a very thrilling race, after catching Bourifa with 3 km to go – Has run 13 marathons</i></p>	
	<p><b>Gazzaniga (Bergamo)</b>  <b>25 November 1979</b>  <b>174 x 63</b></p>	

<b>15 – BOYCHAMANE Samir Ait (MOROCCO)</b>		<b>2:16:07</b>
	<p><b>PB MAR:</b> 2:16:07 (Barcelona 2014) – <b>HMAR:</b> 64:22 (Granollers 2014)  <b>HIGHLIGHTS</b> 5th Barcelona 2014; 7th Barcelona 2013  <i>Debuted on the marathon distance in 2013 in Barcelona (2:17:31)</i></p>	
	<p><b>Morocco</b>  <b>26 January 1984</b></p>	


<b>16 – DEMATTEIS Martin (ITALY)</b>		<b>DEBUT</b>
	<p><b>PB HMAR:</b> 64:54 (Fucecchio 2016)  <b>2016 HMAR:</b> 64:54 (Fucecchio 6-3)  <b>BRONZE MEDAL AT 2011 MOUNTAIN RUNNING WCh</b>  <b>SILVER MEDAL AT 2010 MOUNTAIN RUNNING ECh</b>  <b>BRONZE AT 2014 MOUNTAIN RUNNING ECh</b>  <i>His twin brother Bernard Dematteis is also a two time European champion in the mountain running (2013 and 2014)</i></p>	
	<p><b>Italy</b>  <b>1986</b></p>	


<b>18 – KIPRUTO Amos (KENYA)</b>		<b>DEBUT</b>
	<p><b>PB HMAR:</b> 61:02 (Adana 2015)  <i>Lives in Kapsabet – Coached by Italy's Claudio Berardelli – Married, has two twin daughters, eight months old – Has 5 brothers and 2 sisters – An uncle of theirs was also a marathon runner – Started running at international level in 2013 – In Dubai last January paced for 30km in a stunning 1:27:30 – Italy's Gianni Demadonna is his manager</i></p>	
	<p><b>Nandi Central, Kenya</b>  <b>16 September 1992</b></p>	


<b>19 – HAREDIN Muhajr Sjar (ETHIOPIA)</b>	<b>DEBUT</b>
	<b>PB</b> HMAR: 63:11 (Rabat 2013)
<b>Ethiopia 1994</b>	


<b>20 – KIMELI Hosea Kisorio (KENYA)</b>	<b>DEBUT</b>
	<b>PB</b> HMAR: 61:59 (Lucca 2015) <i>Lives in Italy – Has run also on the track (PB 8:36.68 on 3,000m steeplechase)</i>
<b>Kenya 22 November 1990</b>	

<b>22 – SANTORO Dario (ITALY)</b>	<b>2:22:25</b>
	<b>PB</b> MAR: 2:22:25 (Florence 2014) – HMAR: 65:11 (Fucecchio 2016) <b>2016 HMAR: 65:11 (Fucecchio 6-3)</b> <b>ITALY'S MARATHON CHAMPION IN RAVENNA 2015 (2:24:25)</b> <i>Has a son and called him Samuel in the honours of Internazionale Brazil's soccer player – Debuted on the marathon distance in Florence (2:22:25) – Coached by Armando Martini</i>
<b>Turin, Italy 23 January 1990</b>	




<b>23 – NDOROBO Peter Kwemoi (KENYA)</b>	<b>PACER</b>
	<b>PB</b> HMAR: 60:13 (Ostia 2016)
<b>Kenya 16 September 1992</b>	

<b>24 – ROTICH Julius Chepkwony (KENYA)</b>	<b>PACER</b>
	<b>PB</b> MAR: 2:09:00 (Daegu 2014) – HMAR: 62:42 (Reims 2010) <b>WON VENICE MARATHON 2015 (2:11:08)</b> <b>Won marathons in Barcelona 2012 (2:11:14) and Taipei 2014</b>
<b>Baringo, Kenya 19 December 1988</b>	


<b>25 – RUTO Dominic Kipngetch (KENYA)</b>	<b>PACER</b>
	<b>PB</b> MAR: 2:13:35 (Lione 2015) – HMAR: 63:33 (Cremona 2012) <i>Lives and trains in Kapsabet</i>
<b>Nandi Central, Kenya 5 May 1990</b>	


<b>26 – KIMUTAI Nicodemus (KENYA)</b>	<b>PACER</b>
	<b>PB</b> 10KM: 28:53 (Paderborn 2015)
<b>Kenya 1994</b>	

## TOP RUNNERS – WOMEN'S RACE


<b>F1 – CHEMUTAI Emily Ngetich (KENYA)</b>		<b>2:25:14</b>
	<p><b>PB MAR:</b> 2:25:14 (Frankfurt 2014) – <b>HMAR:</b> 69:13 (Ostia 2015)  <b>HIGHLIGHTS</b> 3rd Dusseldorf 2014; 4th Frankfurt 2014; 6th Valencia 2012, Istanbul 2013; 9th Paris and Valencia 2015  <i>Lives in Iten – Coached by Italy's Gabriele Nicola – One of her training mate is the second fastest women ever, Mary Keitany (2:18:37) – Gianni Demadonna is her manager – Debuted on the marathon distance in 2010 in Leiden (2:42:59) – In 2014 set strong Pbs in Dusseldorf (2:30:50) and then in Frankfurt (2:25:14)</i></p>	
	<p style="text-align: center;"><b>Naruku, Kenya</b>  <b>27 September 1984</b></p>	
<b>F2 – DIRO Mulu Melka (ETHIOPIA)</b>		<b>2:29:10</b>
	<p><b>PB MAR:</b> 2:29:10 (Barcelona 2015)  <b>Won Kosice marathon in 2015 (2:35:33)</b>  <b>HIGHLIGHTS</b> 2nd Barcelona 2015  <i>Born in Arsi, the birthplace of great champions like Tirunesh Dibaba, Derartu Tulu, Kenenisa Bekele – Trains in Addis Abeba – Started running at school - Malcolm Anderson is her manager – Debuted on the marathon distance in Barcelona in 2015</i></p>	
	<p style="text-align: center;"><b>Arsi, Ethiopia</b>  <b>1992</b></p>	
<b>F3 – ZENEBE Fasika Metaferiya (ETHIOPIA)</b>		<b>2:30:05</b>
	<p><b>PB MAR:</b> 2:30:05 (Dubai 2016) – <b>HMAR:</b> 73:36 (Karlovy Vary 2013)  <b>2016 MAR:</b> 2:30:05 (Dubai 22-1)  <b>HIGHLIGHTS</b> 2nd La Rochelle 2014; 11th Dubai 2016  <i>Born in Adama, in the Central Ethiopia, the capital city of Oromia region, about 100km far from Addis Abeba – Has 3 brothers – Lives and trains in Addis Abeba – Coached by Gemedu Dedefo with some of the best female athletes: Aselefech Mergia (2:19:31), Tirfi Tsegaye (2:19:41), Feyse Tadese (2:20:27), Amame Beriso (2:20:48) – Debuted on the marathon distance in La Rochelle (2nd, 2:39:30) in November 2014</i></p>	
	<p style="text-align: center;"><b>Adama, Ethiopia</b>  <b>22 April 1989</b></p>	

<b>F5 – DESALEGN Adhana Tsehay (ETHIOPIA)</b>		<b>2:31:25</b>
	<p><b>PB MAR:</b> 2:31:25 (Praha 2014) – <b>HMAR:</b> 69:04 (Copenhagen 2014)  <b>HIGHLIGHTS</b> 3rd Hong Kong 2015, Gold Coast 2014; 4th Praha 2014  <i>In 2014 closed 9th at half marathon WCh in Copenhagen – Holland's Gerard van de Veen is her manager</i></p>	
<p><b>Ethiopia</b>  <b>28 October 1991</b></p>		


<b>F6 – BENTHAMI Bouchra (FRANCE)</b>		<b>DEBUT</b>
	<p><b>PB HMAR:</b> 71:03 (Praha 2014)  <b>BRONZE AT WCh ON THE 1,500M IN 2005</b>  <i>Born in Morocco, has been a French citizen since 2005 – Used to be a strong runner on the track and caught a medal in Helsinki 2005 – PB 2:00.29 (800), 4:01:28 (1,500), 8:35.41 (3000, still a French national record) – Monica Pont Chafer is her manager</i></p>	
<p><b>Morocco</b>  <b>18 May 1979</b>  <b>165 x 47</b></p>		

<b>F9 – DAHMANI Kenza (ALGERIA)</b>		<b>2:39:21</b>
	<p><b>PB MAR:</b> 2:39:21 (Toulouse 2015) – <b>HMAR:</b> 71:28 (Oran 2009)  <b>2016 HMAR:</b> 74:33 (Cardiff 26-3)  <b>Won Toulouse marathon in 2009 (2:40:29)</b>  <b>43rd at HM WCh in 2016 (74:33)</b>  <i>Debuted on the marathon distance in 2008 (2:39:38) – PB 32:20.58 on 10,000m – Has run three times at cross country WCh – Monica Pont Chafer is her manager</i></p>	
<p><b>Algeria</b>  <b>18 November 1980</b></p>		

<b>F10 – EPIS Giovanna (ITALY)</b>		<b>2:39:28</b>
	<p><b>PB MAR:</b> 2:39:28 (Florence 2015) – <b>HMAR:</b> 73:02 (Cremona 2011)  <b>2016 HMAR:</b> 74:46 (Fucecchio 6-3)  <b>HIGHLIGHTS</b> 5th Florence 2015  <i>Born in Venice – Lives in Legnano with her boyfriend who is also a runner and helps her in training sessions – Coached by Ruggero Grassi - Gianni Demadonna is her manager – Also her father Roberto runs at amateur level (2:51:00 on the marathon) – Has a sister – Started running at school – Has been twice in the Italy's national team – Debuted on the marathon distance in Florence in 2015</i></p>	
<p><b>Venice, Italy</b>  <b>11 October 1988</b>  <b>164 x 48</b></p>		

<b>F11 – TUSA Rahma (ETHIOPIA)</b>		<b>2:33:57</b>
	<p><b>PB</b> MAR: 2:33:57 (Shanghai 2015) – HMAR: 72:21 (Reims 2015)  <b>2016</b> MAR: 2:37:14 (Xiamen 2-1)  <i>Lives and trains in Addis Abeba – Coached by Haji Adilo – Hussein Makke is her manager – Debuted last year on the marathon distance in Shanghai</i></p>	
<b>Ethiopia 1993</b>		

<b>F12 – SMOLNIKOVA Irina (KAZAKHSTAN)</b>		<b>2:40:22</b>
	<p><b>PB</b> MAR: 2:40:22 (Moscow 2014)  <b>Won Moscow marathon in 2013 and 2014</b>  <b>IN ROME</b> In 2015 was 6th in 2:43:22  <i>Sergey Nochevnyy is her manager – Her goal is to run the qualifying time for Rio de Janeiro Olympic Games</i></p>	
<b>Kazakhstan 21 July 1980</b>		

<b>F13 – FARDELL Jane (AUSTRALIA)</b>		<b>2:37:35</b>
	<p><b>PB</b> MAR: 2:37:35 (Paris 2013) – HMAR: 75:36 (Sidney 2012)  <b>2016</b> MAR: 2:59:23 (Taipei 20-3)  <i>Used to race in triathlon, ironman included – Debuted on the marathon distance in 2010 – Has run 17 marathons – Runs in Rome for the fourth time: 2:49:47 in 2010, DNF in 2011 and a 7th place with 2:45:07 in 2015</i></p>	
<b>Australia 7 February 1980</b>		

<b>F14 – GONZALEZ Yamilka (SPAIN)</b>		<b>DEBUT</b>
	<p><b>PB</b> HMAR: 77:36 (Alicante 2006)  <i>Born in Cuba, has been a Spain's citizen since 2001</i></p>	
<b>Cuba 23 January 1972</b>		