# **TOP RUNNERS – MEN'S RACE**

### 5 - KIPCHUMBA Jafred Chirchir (KENYA)

2:05:48



Keiyo, Kenya 8 August 1983 1,78 x 60 **PB** MAR: 2:05:48 (Eindhoven 2011)

### WON MARATHONS IN EINDHOVEN 2011 AND MILAN 2010

**HIGHLIGHTS** 2nd Seville 2015 and Toronto 2010; 3rd Barcelona 2016 and Lodz 2017; 6th Wien and Istanbul 2009

Was born in Keiyo District – His manager is Italy's Antonio Nannoni – Has been training as a professional runner since 2003 – Ran his first marathon in 2009 (6th in Wien, 2:10:42) – In 2010 won the Milan marathon in 2:09:15, after dropping in the final kilometers the former 10,000m world champion Charles Kamathi – In 2011 won Eindhoven marathon with a stunning 2:05:48 (13<sup>th</sup> time in the world that year) and broke the course record for more than a minute – Has run 12 marathons in his career: for three times he ran faster that 2:10

## 6 – JIFAR Biruk Assefa (ETHIOPIA)

2:16:05



**PB** MAR: 2:16:05 (Pune 2017) – HMAR: 67:00 (Darica 2017) **HIGHLIGHTS** 10th Pune 2017 His manager is Italy's Antonio Nannoni – Debuted on the marathon distance in Pune, India, and was 10th in 2:16:05

Ethiopia 1997

# 7 - KANGOGO Paul Kios (KENYA) 2:11:39 Image: State of the system of the syst

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8 – KIPSAAT Math	ew (KENYA)	2:09:19
	<b>PB</b> MAR: 2:09:19 (Rome 2017) – HMAR: 67:07 (Pan'an 201 <b>Won Marathons in Las Palmas 2017 and Tunisi 2016</b> <b>4TH AT ROME MARATHON 2017</b> <i>His manager is Holland's Gerard Van de Veen – Debuted o</i> <i>distance in 2016 with a time of 2:22:30 in Bayan – In Nove</i> . <i>Tunisi marathon in 2:13:39, with an improvement of 9 mir</i> <i>won Gran Canaria Maratón in Las Palmas, his first race in 1</i> <i>the course record (2:13:19) – Two months later broke for th</i> <i>2:10-wall in Rome</i>	n the marathon mber 2016 won nutes – In 2017 Europe, and set
Kenya 23 March 1987		

### **10 – GEBRU Girmay Birhanu (ETHIOPIA)**

2:05:49



**PB** MAR: 2:05:49 (Dubai 2014) – HMAR: 61:08 (Lilla 2014) **WON MARATHONS IN BEIJING 2014, DAEGU AND OTTAWA 2015 2ND AT ROME MARATHON IN 2013 HIGHLIGHTS** 2nd Ljubljana 2012, Praha and Amsterdam 2013, Beijing 2017; 3rd Dubai 2014; 4th Chicago 2015; 8th Dubai 2015; 13th Dubai 2013 *His manager is Italy's Gianni Demadonna – Debuted on the marathon distance in 2012 in Ljubljana, where he was 2nd in 2:11:20 – In 2013 ran* 

distance in 2012 in Ljubljana, where he was 2nd in 2:11:20 – In 2013 ran a stunning record of 5 marathons in one year and for four times ran faster than 2:10: 2:09:48 in Dubai, 2:08:11 with a 2nd place in Rome, 2:09:30 in Praha and a very strong 2:06:06 in Amsterdam in October – In 2014 improved his PB with a 2:05:49 run in Dubai (3rd place) – In 2015 ran 2:08:56 in Dubai and then won in Daegu (2:07:26) and Ottawa (2:08:14) – Has run 13 marathons, 8 times faster than 2:10

Tigray, Ethiopia 27 January 1987

### 12 – BIRECH Cosmas Jairus Kipchoge (KENYA)

2:08:45



Nandi, Kenya 21 March 1986 1,76 x 63 **PB** MAR: 2:08:45 (Eindhoven 2017) – HMAR: 60:23 (Lilla 2015) **HIGHLIGHTS** 2nd Cannes 2017, 5th Eindhoven 2017

Lives in Eldoret – His manager is Italy's Gianni Demadonna – Has almost the same name as steeplechaser Jairus Birech (PB 7:58:41) and in 2015 some media made a mistake and said that he surprisingly ran in few days a 3,000s in Weltklasse in Zurich (8:15:64) and a 60:23 half marathon – Is a very strong runner in half marathons: for three times he ran faster than 61:00, but he has also 4 results between 61:01 and 61:05 – Debuted on the marathon distance just last year in Tokyo, but he was DNF – In his second try in Eindhoven closed with a good 2:08:45

13 – AKOPESHA Abraham Kasongwor (KENYA)				
	<b>PB</b> MAR: 2:10:12 (Paris 2017) – HMAR: 60:25 (Istanbul 201 <b>HIGHLIGHTS</b> 11th Paris 2017 Lives in Kapenguria, the capital citiy of West Pokot county – Italy's Gianni Demadonna – Has good PBs also on the 3,0 and 5,000m (13.29.19) on the track, set in 2011 when just In 2014 began racing on the road – Debuted on the marath 2017 in Paris and was 11th with a time of 2:10:12	His manager is 00m (7:51.46) 18 years old -		

**2018** MAR: 2:11:22 (Xiamen 7-1) **Won Marathon in Xiamen 2018** 

West Pokot, Kenya 10 December 1993

### 14 – GONFA Dejene Debela (ETHIOPIA)

2:07:10



*Ethiopia 9 January 1995 1,80 x 62* 

### 16 – LIYEW Shengo Kebede (ETHIOPIA)

brother

2:09:53



Ethiopia 1989 **PB** MAR: 2:09:53 (Dusseldorf 2013) **HIGHLIGHTS** 4th Dusseldorf 2013 and 2014; 8th Marrakech 2015 and Wien 2016; 11th Amsterdam 2013; 14th Eindhoven 2012 *His manager is Hussein Makke – Debuted on the marathon distance in* 2012 in Eindhoven (2:16:17) – In 2013, in his second marathon in the life, broke 2:10 in Dusseldorf (2:09:53) – Has run 9 marathons in career

**PB** MAR: 2:07:10 (Eindhoven 2017) – HMAR: 63:28 (Goteborg 2017)

Lives in Addis Abeba and is coached by Haji Adilo – His manager is Hussein Makke – Has also PB of 7:43.94 on the 3,000m and 13.25.70 on the

5,000m on the track – In 2016 debuted on the marathon distance with a time of 2:10:13 in Eindhoven, where in 2017 he set a strong PB of 2:07:10

- Was one of the pacemaker of the "#breaking2 project", the unofficial race organized by Nike for running the marathon under 2 hours in Monza, where Eliud Kipchoge closed in 2:00:25 – This year has already run a marathon in Xiamen, where he outsprinted in the final countrymates Ayele Abshero (a 2:04:23 marathon runner) and Tariku Bekele, Kenenisa's

HIGHLIGHTS 4th Eindhoven 2017, 11th Dubai 2017

18 – CLOHISEY Mick	2:14:55	
RELAND CLOHISEY	<ul> <li>PB MAR: 2:14:55 (Seville 2018) – HMAR: 64:25 (Waterford 2 2018 MAR: 2:14:55 (Seville 25-2)</li> <li>22nd at the WCh in London 2017</li> <li>HIGHLIGHTS 9th Seville 2016; 12th Seville 2018; 18th Ro 22nd London 2017, 29th Berlin 2015</li> <li>Lives in Dublin – Races for Raheny Shamrock Athletic C importante club of Ireland's capital city – Coached by Dick manager is Hussein Makke – Was national champion on the in 2014 – In 2016 was 32nd at the European Championships on the half marathon – Debuted on the marathon distance 2:17:43 in Rotterdam – Closed 102nd at the Olympic Gal Janeiro 2016 with a time of 2:26:34 – Raced for Ireland te editions of cross country European Championships (a 10th</li> </ul>	tterdam 2015; Slub, the most Hooper – His half marathon in Amsterdam e in 2015 with mes in Rio de am also in ten
Dublin, Irlanda 13 January 1986 1,80 x 64	was his best result) and in one edition of World Championshi	ps in 2008

Won marathons in Lima and San Diego 2017

13th at the WCh in Moscow 2013

PB MAR: 2:10:52 (Brisbane 2014) - HMAR: 62:41 (Houston 2015)

**HIGHLIGHTS** 1st Pittsburgh 2011 and The Woodlands 2012; 2nd Pittsburgh 2012, Brisbane 2014; 4th Warsaw 2017; 8th San Diego 2012 and Boston 2014; 12th Boston 2015; 13th Los Angeles 2016; 14th New York 2013; 16th Chicago 2012; 17th Paris 2013; Dublin 2015, 2016; 13th

Lives in Boulder, Colorado – His manager is Hussein Makke – Used to play football when he was a student – Has a degree from University of Virginia – Debuted on the marathon distance in Tempe, Arizona, in 2010 (2:14:32) – Won his first race in Pittsburgh in 2011: he would have been just a pacemaker for the first group, but closed the marathon in 2:16:40 – Represented the US team in three World Championships in the marathon: 32nd in Daegu 2011 (2:23:33), 13th in Moscow 2013 (2:14:23), DNF in

Beijing 2015 - In 2014 he was also 8th in Boston with a time of 2:11:57 -

In November 2017 won half marathon in Las Vegas in 64:14 and gave the

500\$ prize to a fund for the victims of the shooting at the festival country

that happened one month before - Has run 24 marathons in his life

### **19 – EGGLESTON Jeffrey (UNITED STATES)**

Seoul 2016

2:10:52



Rochster, New York (USA) 1 October 1984

### 20 - CHIMDESA Birhanu Gedefa (ETHIOPIA)

2:08:03



**PB** MAR: 2:08:03 (Houston 2015)

**Won Houston Marathon in 2015 and 2016 HIGHLIGHTS** 4th Houston 2013; 5th Rome 2012, Beirut 2013 and Beijing 2015; 10th Istanbul 2016; 20th Dubai 2014 *Lives in Addis Abeba and is coached by Haji Adilo – Has two brothers and three sisters – Started running in 2004, but has been a professional runner just since 2011 – Used to work as a barber in Addis Abeba – Debuted on the marathon distance in Rome in 2012 (2:11:30, 5th) - In 2015 won the Houston Marathon after passing his countrymate Burka with just 400m to go and crossed the finish line in a PB 2:08:03 - In 2016 ran again in Houston and was 3rd in 2:11:53, but the winner and the runner-up were disqualified for a doping violation – Has run 9 marathons in his career* 

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### 21 – ABDI Ibrahim Abdo (BAHREIN)

### 2:12:00



Ethiopia 24 April 1997

### 22 – DERESE Daniel Aschenik (ETHIOPIA)



Ethiopia 1982

**PB** MAR: 2:10:09 (Seoul 2014) Won marathons in Hyderabad 2012. Durban, Hangzhou, Mexico City 2015 HIGHLIGHTS 4th Hangzhou 2016; 7th Seoul 2013 and 2014 His manager is Serbia's Obrad Todorovic – Debuted on the marathon distance in Pune, India, in 2011, with a time of 2:20:08 - In 2015 won three marathons – Has run 14 marathons

**PB** MAR: 2:12:00 (Hefei 2017) **Won marathon in Hefei 2017** 

2:10:09

Was born in Ethiopia, but in 2015 changed citizenship to Bahrein – Lives in Addis Abeba and is coached by Haji Adilo – His manager is Hussein Makke – In 2014 was 4th on 3,000m at the Youth Olympic Games in Nanjing – In 2014 made the national team at WCh juniores in Eugene, but did not finish the 10,000m race – Debuted on the marathon distance when 20, in 2017 and won with 2:12:00 in Hefei, the capital city of the eastern county of Anhui (China)

23 – GEZU Belete Mekonen 2:10:34 (ETHIOPIA)



Sheno (Ethiopia) 26 September 1988 1,75 x 61 PB MAR: 2:10:34 (Carpi 2010) Won marathon in Tel Aviv in 2017 HIGHLIGHTS 2nd Madrid 2017, Caen and Nanjing 2015; 3rd Carpi 2011 Lives in Addis Abeba - His manager is Serbia's Obrad Todorovic - Debuted marathon on the distance in 2011 (12th in 2:15:15)

24 – CABRERA LEAL Manuel Jesus (CHILE)		2:18:04	25 – NKHABUTLANE Motlokoa (LESOTHO)		2:09:47	
PB M (Bueno 55th a Londo HIGHL Lima Rotterd Was bo Concep coastal running studyin educati on th distance Aires (2:18:0 World di in Londo		<b>GHTS</b> 5th 2016; 22nd m 2016 n and lives in on, a Chile's ity – Started when physical n – Debuted marathon in Buenos in 2016 ) – At 2017 nampionships n set a time 28 – Has run than 20	PB (Paris HMAR Elizabe NATIO HOLD HIGH Cape Paris 2 Lives Lesoth - His Gianna Debut marat (2:15: ran w 2:11:0 made improv		ILIGHTS 1st Town 2008; 2nd Town 2009; 9th 2017 in Maseru, ho's capital city is manager is i Demadonna – ted on the thon distance in Town in 2008 :09) – In 2016 with a time of 02 – In Paris a NR 2:09:47, ving the old one 3 seconds after	
27 – NAIBEI Rutto Emmanuel (KENYA	)	2:14:05	28 – KEIYO Samsor Kipchirchir (KENYA		2:15:44	
Kenya 1983	<b>PB</b> MA (Zhengzh <i>Has run</i> – <i>His</i>	R: 2:14:05 nou 2018) 8 marathons manager is nolo Traversi	Kenya 1989	PB MA (Nairobi 2 Won m Xichang HIGHLIC Taipei 2 Nairobi 2	2016) arathon ir 2017 GHTS 3rd 2017; 10th 016 ager is Italy's	
29 – KIPTOO Vince	nt Kiplao	at (KENYA	)		2:09:22	
29 – KIPTOO Vince	PB MAR Won Is HIGHLI	: 2:09:22 (Hou tanbul Marath GHTS 3rd Ot	) ston 2010) – HMAR: 62:18 ( ion in 2010 and 2011 tawa 2007, 2008 and 20 jamen 2012; 5th Hannover 2	- 12, La Ro	chelle 2008	

and Kosice 2012; 7th Mumbai 2007 and Rome 2009 Changed citizenship to Qatar with the name of Faisal Bader Shepto, but then came back to Kenya and to his real name – His manager is Italy's Paolo Traversi – Debuted on the marathon distance in 2007 in Mumbai (2:15:08) – In 2009 was 7th at Rome Marathon (2:10:33) – Has run 17 marathons and broke the 2:10-wall four times

715

Kenya 10 August 1984

30 – SERBESSA Wor Fikre (ETHIOPIA)	rkneh	2:12:10	31 – MWANGI Paul (KENYA)	Kariuki	PACER
	(Seville HMAR: 6 2013) Won M Porto in HIGHLI Seville Amsterd Debuted maratho with a w 2014 ( Has bee years in manage	53:39 (Madrid larathon in 2014	RAT	(Milan 20 Runs Run2geth profit	for team er, a no association promotes
Ethiopia 11 May 1988	Garcia		Kenya 2 January 1993		

### 38 - MUHITIRA Félicien (RWANDA)



*Rwanda 4 November 1994*  **PB** HMAR: 61:56 (Belfort 2017) – 10.000: 28:17.07 (Glasgow 2014) Was born in a little place in Bugesera region, in the west Rwanda – Has one brother and two sisters – Used to be a bicycle taxi driver as a child – Used to play soccer – Started professional running in 2012, when a teacher noted him – His myth is Dieudonne Disi, a 59:32 half marathon and 2:12 marathon runner, who helped him to find the first races all over the world – Made the national team at HM World championships in Copenhagen in 2014 (41st, 62:31), at cross country WCh in 2015 (35th), while made a DNF in the heats on the 5,000m at WCh in Beijing 2015 – In 2016 missed HM WCh in Cardiff for economical reasons – Has been living in Italy since July 2017 – Used to train in Siena and Atletica Potenza Picena was his first Italian club – Runs for Italia Marathon Club, the club of the Rome Marathon – Last month ran 62:04 at Rome-Ostia and 62:47 at Stramilano

DEBUT

# 54 - GRANTHAM Lee (GREAT BRITAIN) 2:21:43 Image: State Striction State State

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## **TOP RUNNERS – WOMEN'S RACE**

# F5 - MUDE Zeytuna Arba (ETHIOPIA) 2:35:05 Image: State of the state

### F6 – KIMAIYO Risper Jemeli (KENYA)

2:29:16



### F7 – KIBOR Alice Jepkemboi (KENYA)

2:32:28



7 September 1992

**PB** MAR: 2:32:28 (Marrakech 2017) – HMAR: 71:13 (Paderborn 2013) **Won marathons in Bratislava and Dresda 2014, San Paolo 2016 HIGHLIGHTS** 2nd Athens 2017; 3rd Kassel 2013, Marrakech and Stockholm 2017

Debuted on the marathon distance in 2013 (2:45:41 in Kassel, Germany) – Took the podium in every of the 8 marathons she has run – Her manager is Holland's Gerard Van de Veen

### F8 – TANUI Angela Jemesunde (KENYA)

### 2:26:31



*Uasin Gishu, Kenya* 27 July 1992 1,54 x 46 **PB** MAR: 2:26:31 (Wien 2017) – HMAR: 67:16 (Ostia 2016) **HIGHLIGHTS** 5th Wien 2017; 8th Toronto 2017

Lives in Iten – Has 2 brothers and 4 sisters: one of them, Euliter, also is a runner and lives with her in Iten – Her boyfriend Elijah Tirop is also a 2:12 marathon and 60:55 half marathon runner – Her manager is Italy's Gianni Demadonna – Trains in a group with Sharon Cherop, who is also racing in Rome – Loves soccer and Manchester United is her favourite team – Has run 7 times a sub-70 minutes half marathon: she set her two best times in Rome-Ostia (67:16 in 2016 and 67:43 in 2017, both as runner-up)– Ran a good 2:26:31 in her debut in 2017 in Wien

### F9 – CHEROP Sharon Jemutai (KENYA)

2:22:28

F10 – AMENTE Sorc Negash (ETHIOPIA	-	2:29:46	F11 – BERHA Afera (ETHIOPIA)	Godfay	2:28:46
Dendi, Ethiopia 25 November 1997	<b>Florence</b> Lives in – Her Italy's Demador	2017) arathon in 2017 Addis Abeba manager is Gianni nna – Won marathon in the day	Figray, Ethiopia 25 September 1991 1,58 x 43	PB MA (Lisboa 2 HMAR: Nad Labe HIGHLIO Lisboa Praha Valencia Dubai 20 Lives in - Her Italy's Demador Debuted marathor Hong Ko (2:39:59	
F12 – ALEMU Mesei Abebayehu (ETHIO		2:29:14	F13 – AHMED Buzu Mohamed (ETHIOP	-	DEBUT
Skr Skr G-7 Toto	Kosice Beijing 2 Debuted marathoi 2015 wi years old Beijing)	na 2017) GHTS 4th a 2017; 5th 2017; 6th 015			Addis Abeba manager is Jakke

Ethiopia

1996

© Alberto Zorzi, 2018

Ethiopia

1998

Makke

### F14 – TUSA Rahma Chota (ETHIOPIA)

2:25:12



*Ethiopia 14 September 1993*  **PB** MAR: 2:25:12 (Guangzhou 2017) – HMAR: 68:28 (Boulogne-Bill. 2017) **WON ROME MARATHON IN 2016 AND 2017 Won marathon in Guangzhou 2017** 

**HIGHLIGHTS** 3rd Shangai 2015, Istanbul 2016, Beijing 2017; 7th Xiamen 2016

Lives and trains in Addis Abeba with coach Haji Adilo - Her manager is Hussein Makke – Debuted on the marathon distance in 2015 in Shanghai (3rd place with 2:33:57) – In 2016 came in Rome as an outsider and triumphed with a time of 2:28:49 – After the win told the press that she would have use the prize money for a new home in Ethiopia – In 2017 won again in Rome and set a PB with 2:27:21 – After Rome ran again in Beijing in October (3rd in 2:33:22) and then in Guanzhou in December, where she set a new PB e course record with 2:25:12

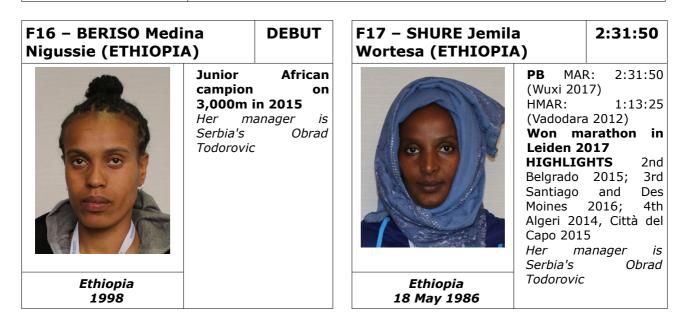
### F15 – GOSA Dalila Abdulkadir (BAHREIN)

PB HMAR: 68:12 (Valencia 2018)

DEBUT



*Ethiopia 27 June 1998*  2018 HMAR: 68:12 (Valencia 24-3) WORLD JUNIOR SILVER MEDALLIST ON 3,000M IN 2016 WORLD YOUTH SILVER MEDALLIST ON 1,500M IN 2015 Was born in Ethiopia, but changed citizenship in July 2013 – Her manager is Hussein Makke – Has good PBs on 3,000m (8:46.42) and 5,000m (15:10.79) – Was qualified for the Olympic Games in Rio 2016, but did not start in the heats of 5,000m – Two weeks ago ran a stunning 68:12 at the half marathon World Championships in Valencia, closing in 9th place



F19 – KORIR Rebec Jepchirchir (KENYA		2:29:16	F20 – BARTENGE P Jemutai (KENYA)	riscah	2:40:25
Kenya 12 August 1992	(Rotterd HMAR: (Zagreb <b>2018</b> M (Taipei 1 <b>Won m</b> <b>Sofia 20</b> <b>HIGHLI</b> Ljubljan Rotterda Mumbai Singapo Taipei 20 <i>Her m</i> <i>Italy's F</i> – Ha maratho Between 2015 W	MAR:       2:39:59         .8-3)	Kenya 1986	2014)	2016) – .:17 (Zagreb ger is Italy's